

HOW TO PREVENT COVID-19 IN THE WORKPLACE



WAYS TO PROTECT YOURSELF

- Wash your hands often with soap and water for at least 20 seconds
- Use hand sanitizer that contains at least 60% alcohol if soap and water is not available
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Put 6 feet between yourself and other people

WAYS TO PROTECT OTHERS

- Stay home if you're sick
- Put 6 feet between yourself and other people
- Clean AND disinfect tables, doorknobs, light switches, countertops, desks, phones, keyboards, work spaces, and cash registers daily
- Cover your cough and sneezes with a tissue or the inside of your elbow
- Throw used tissues in the trash and wash your hands immediately

BREAK ROOM / LUNCH PROTOCOLS

- Put 6 feet between yourself and other people / maintain proper distance during all break times / if room is full, work with supervisors for appropriate action
- Clean AND disinfect tables, doorknobs, light switches, countertops, time clocks, kitchen appliances, chairs, toilets, faucets, and sinks daily
- Immediately wash only your dishes and return to cupboard or put rinsed dishes in the dishwasher for sanitization



Minnesota Grocers Association

The Minnesota food industry remains steadfast in its commitment to consumers, careers, and community. As the leading resource for the food industry of the state, the MGA is proud to represent an industry who provides essential support to our communities in this time of need.